

## First Saturday of the Month Retreat: Immaculate Heart of Mary

**MINAS GERAIS, Brazil** - On April 2, 2022, the Montfortian Spirituality Center in Brazil promoted the retreat for consecrated persons and other people. We started the retreat at 9 am with a moment of praise and then the Office of Our Lady.

At 9:30 am, Fr. Jesu DOSS, SMM shared a brief reflection on the Treaty of True Devotion, No. 258: *"Those who allow themselves to be guided by the Spirit of Mary are children of Mary"*. He highlighted the three attitudes of a true child of Mary. First, a true child of Mary must renounce everything that does not please Jesus and Our Lady. Second, a true child of Mary must abandon himself to Our Lady and let Mary's spirit envelop and shape him. Finally, a true child of Mary must renew and live his Total Consecration every day: *"I am all yours, and all that I have is yours, my lovely Jesus, through Mary, your Holy Mother"*.

After reflection, we had a shared snack (each person brought some food to share). At 10:30 am, we began the Adoration of the Blessed Sacrament. We prayed the Holy Rosary while the Confessions took place. At 11:30 am, we celebrated the Holy Mass in honor of the Immaculate Heart of Mary.

During the homily, Fr. Jesu DOSS shared the experience of Saint Louis-Marie de Montfort with the poor in Dinan, thus making an appeal to everyone *"Open to Jesus Christ"* and that our Consecration help us to be attentive to the sufferings of the needy.

Finally, with thanks to everyone, we ended the retreat with a photo opportunity, with the participation of 135 people from different parishes.

Glory to Jesus in Mary! Glory to Mary in Jesus! Glory to God alone!